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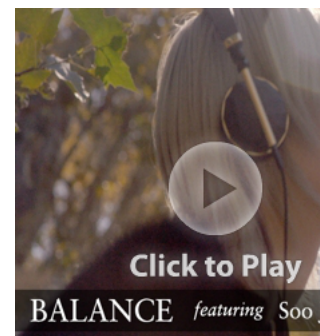
Story



12/11/14

Best Day Spa in NY *for all ages!*

BY MELANIE BIRD
AND CLÉMENCE VON MUEFFLING



W

e have selected for you 3 day spas in New York this month. Be sure to get your skin in radiant condition with these luxury treatments. They will instantly give your skin a dewy, glowing complexion after just the first facial treatment.

ORGANIC PHARMACY

If you are in your 20's

Organic Pharmacy from London is what you have always been looking for: a holistic beauty and wellness destination for women, men and babies featuring its own brand of organic, natural, toxic-free and top quality skincare, health products, make-up, fragrances, spa treatments, health consultations and much more.

And good news, New Yorkers: Nestled in the heart of the West Village is the latest addition to the Organic Pharmacy family, which now has eight boutiques around the world in addition to their online store.

Be prepared to enter a realm of beauty transformation at this pretty boutique and spa, where you will find products for all your beauty concerns. Inspired by the frenetic pace of NYC living, the Manhattan location offers a wide range of speedy treatments from skin to make-up consultations, express organic facials, to health assessments and homeopathic consultations, guided by Organic Pharmacy's trained beauty + health experts.

The products are not only smart, pretty and hand-made in the UK - making them a luxury but necessary good - but are also avant-garde...

Their latest skincare delicacy, 'gene expression lifting serum', came about as a result of the recent discovery that our genes hold the secret to anti-aging, with proven result. A must try!

Your skin will also love Organic Pharmacy's express facial and perhaps you can even indulge in a high-tech health consultation to find out about your body profile and its needs. And you will find the matching vitamins and supplements to help kick start your metabolism, including the "ultimate detox" line which makes for an easy and happy cleansing.



NATURA BISSÉ

A day spa perfect for women in their 30's 40's

Now that the weather has changed to crisp, cool nights, your skin may start to feel dry and tired.

Try the Natura Bissé counter at Bergdorf Goodman for a full treatment or a quick boost for your face!

We know how busy city women are these days so this is perfect for those with little time but who still want to look stunning this holiday season!

The 8-minute facial is the answer to the holiday season chaos, with a supercharged

mini-treatment performed in record time.

That's all the time one needs to experience the intensive exfoliation treatment of a Glyco Extreme Peel to reveal a radiant, supple, even toned complexion.

For those with a little more time, try the Diamond Experience Facial with their aesthetician Marta. She is incredibly talented and has magic in her hands! This 50min treatment will give instant rejuvenation and glow to all skin types.

Will your face glow like a diamond? Of course it will.



VALMONT

A day spa for more mature skins

Hotel Plaza Athénée in the Upper East Side still retains its elegant European feel. New Yorkers love its famous Bar Seine and now enjoy its spa Valmont, opened 2 years ago and discreetly located on the second floor.

The hotel is the sole partner of the Swiss brand V35 in the United States. Established in 1985, Valmont is known for its luxurious cellular-skin-care technology in combination with Swiss Glacial Spring Water.

The Valmont skincare line was conceived with the intention of slowing down and even reversing the signs of aging.

Utilizing the unspoiled natural resources of Switzerland and the latest cellular research findings, Valmont products offer visible and long lasting results.

Today at the Plaza Athénée, the spa boasts an Asian-inspired décor of teakwood floors, grasscloth wallpaper and bamboo accents.

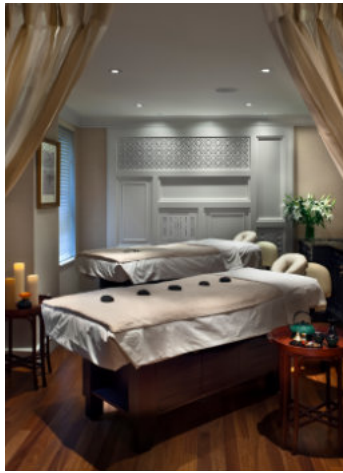
Treatments take place in 4 converted hotel rooms. There is no need to deal with public changing rooms as every client has their own; you have your own private suite with full bathroom and a private dressing area.

For a spa this intimate, the menu is extensive and most treatments are targeted to the needs of more mature skin.

At BWB we recommend the body treatments as the skin on your body changes with time just like the skin on your face.

Try the Soft & Smooth program that treats the signs of aging on the body: tone, tightness or dryness. True to its quest for technical excellence, the line has incorporated the best anti-aging ingredients to help with cell regeneration and repair. The program uses the skincare line called Body Time Control and it will do magic for your body.

Don't hesitate to treat yourself to this divine beauty treatment!



MÉLANIE BIRD

While enjoying working at the United Nations as political affairs officer, Mélanie's lifestyle is all about wellness, hedonism and seeing life through the eye of beauty. She loves sharing her passion for healthy lifestyle in a holistic fashion. She believes beauty and happiness come from within. *"Life becomes magical when you feel and see beauty and new possibilities around"*. She is also a certified health coach and yoga instructor.



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